



# Bloom: Underpinning Principles

BLCnSG/19/04

## Introduction

Bloom is designed to provide a rapid and responsive service for children and young people from 0 - 18, and its core purpose is **helping young people to thrive: a consultation model for professionals offering an holistic approach, across services, to support children's emotional and social wellbeing.**

Working within the Tavistock i-Thrive model, Bloom is a consultation model for professionals. Within every Bloom Professionals Consultation Meeting, psychological formulations and the needs of individual children and young people are determined and a plan of positive next steps agreed so that the child/young person may be better able to thrive. The involvement of multi-disciplinary professionals from a variety of organisations provides a more holistic understanding of the needs of children and young people considered by Bloom, enabling the most appropriate support to be offered.

Referrals ('requests for help') will be screened in the Early Help Hub and those deemed appropriate for a targeted response for a community-based support system will be discussed at the next Bloom meeting within the child/young person's locality.

## Bloom Underpinning Principles

The underpinning principles of Bloom to which all local Bloom Steering Groups adhere are as follows:

- 1. The needs of the child/young person and family comes first**
- 2. Working together to meet the needs of the child/young person**
- 3. Timely, clear and concise communications written in plain English**
- 4. A 'key contact' for every child/young person**
- 5. Bloom is multi-organisational and every voice is valued**

In more detail these underpinning principles mean:

- 1. The needs of the child/young person and family comes first**
  - As a first principle Bloom meetings will always consider the needs of the child/young person and family, and who/what organisation is best placed to provide support. Safeguarding and CSE (Child Sexual Exploitation) considerations are integral to Bloom: protecting children and young people from abuse or neglect is a key responsibility. Confidentiality, information- and data-sharing are strictly managed within Bloom in accordance with participating organisations' policies and procedures.
- 2. Working together to meet the needs of the child/young person**
  - Referrals ('requests for help') will be screened in the Early Help Hub and those deemed appropriate for a targeted response for a community-based support system will be discussed at the next Bloom meeting within the child/young person's locality. A request for help received by

Bloom will be treated as a call for a Bloom Professionals Consultation meeting to consider that particular case. It will not be 'bounced back'. The Bloom Professionals Consultation meeting will determine a psychological formulation, identify the needs of the individual child/young person, and agree jointly a plan of positive next steps so that the child/young person may be better able to thrive. The result of the Bloom Professionals Consultation meeting will be passed back to the originator of the request for help together with any appropriate advice for future requests for help.

**3. Timely, clear and concise communications written in plain English**

- The child/young person and their parent/carer/family must receive timely, clear and concise information, written in plain English, informing them fully about Bloom and their part in the process. Following the Bloom meeting they must be told of the outcome of the Bloom meeting and who their 'key contact' is, and their role.

**4. A 'key contact' for every child**

- A 'key contact' from the most appropriate organisation for the child/young person should be agreed at the Bloom Professionals Consultation meeting at which that child/young person is discussed. The 'key contact' takes responsibility for ensuring that all actions agreed at the Bloom meeting are undertaken, and that the child/young person and their parent/carer/family are kept informed.

**5. Bloom is multi-organisational and every voice is valued**

- Bloom Professionals Consultation meetings bring together the best mix of skills, knowledge and experience from a variety of organisations (including CAMHS and the VCSE) to discuss and work together professionally to deliver an appropriate targeted holistic and community-based support service to a child/young person.