



DiABETES UK
KNOW DIABETES. FIGHT DIABETES.
NORTHERN IRELAND

Our lives our voices

Presenting Outcomes in different ways

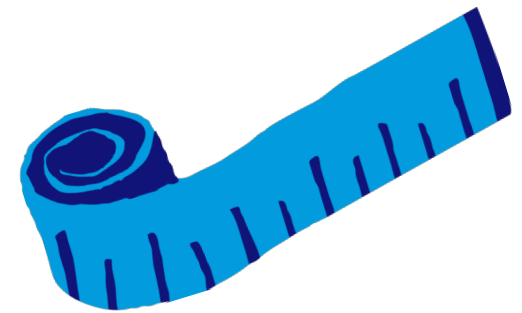
Background to the project

Outcomes

- Young people are able to **connect with their peers**, discuss problems they face, find solutions and become more active in their communities (target 298 young people).
- Young people **gain knowledge** on how to better manage their physical condition and emotional wellbeing (target 172 YP)
- Young people will have **improved relationships** with health care professionals and have a strong voice in **defining services** targeted at them (Target 50 HCPs > 99 YP)
- Young people, their **support networks and communities are involved** in the planning and delivery of the project (Target 25 Young Leaders)

KPI's

- At least 25 Young Leaders will benefit from 2000+ interactions
- 569 young people will benefit from 2000-2500 interactions



How we used Present data

we went from this in 2019...

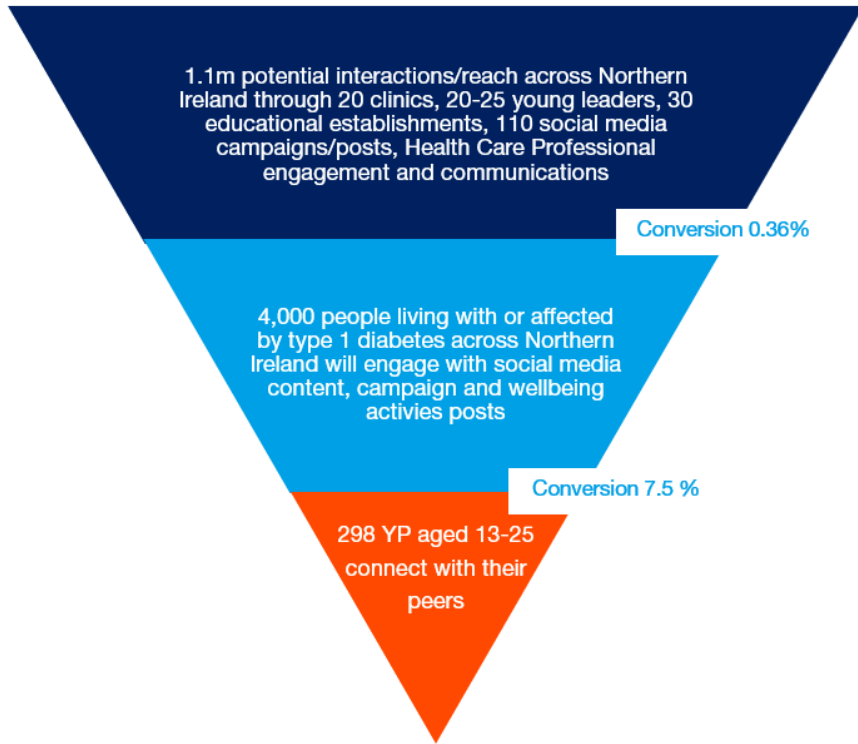


Date	Event beneficiaries	Gender		Age		Trust					U
		M	F	13-17	18-25	N	S	W	B	SE	
25 th July 2019	Belfast Escape Rooms	3	4		7	2	2		1	1	
29 th July 2019	RVH Clinic	8 Families engaged at Transition Clinic.									
30 th August to 1 st September	Residential	4	8		12						2
25 th September	HYOC T1 event	17 young people engaged at health event.									
28/09/2019	Induction Training	2	8		10	2	2	3	1	2	
4 th to 6 th October 2019	N.I. Family Weekender	1	3		4	1	1		1	1	
5/11/19	Coleraine Parents Group	7 Families engaged at Parents Group meeting (Northern Trust)									
8 th to 10 th November	Scotland Family Weekender	1	3		4	1	1		1	1	
18/11/19	RVH Clinic Visit			7		7					
Nov 2019	Altnagelvin Clinic Visit	6 Families engaged during Clinic Visit (Western Trust)									
18/01/20	Planning Meeting	3	7	0	10	6	1	2	1	0	
21/02/20	Safeguarding training	3	4		7	3	0	2	1	1	

The screenshot shows an Excel spreadsheet with the following structure:

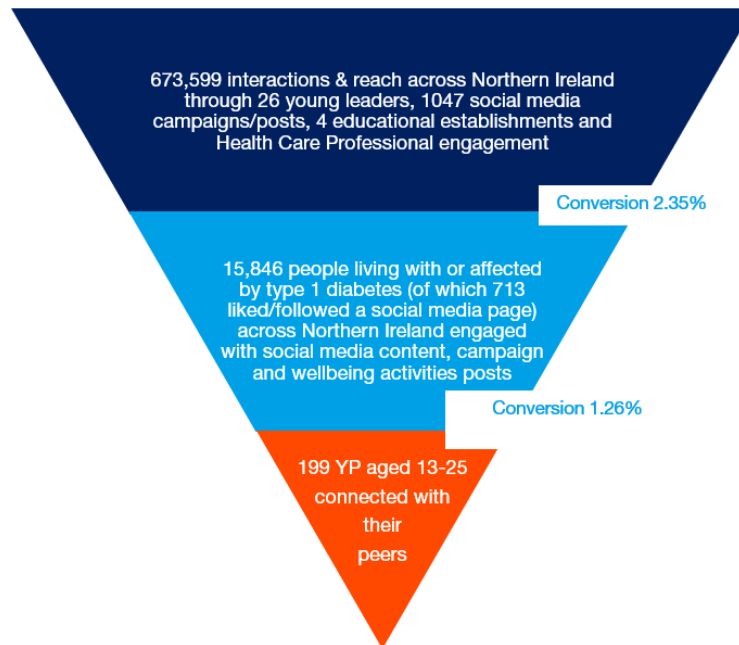
- Columns:** B (Project activity), C (Type of activity), D (Outcome), G (New YP participant), H (Participants YP with diabetes), I (Young leader recruits), J (YP Gender: 1), K (YP Gender: N), L (YP Gender: Unknown), M (YP Age: 13-17), N (YP Age: 18-24), O (YP Age: Unknown), P (YP Age: 25+).
- Rows:** Health Fair, Age Matters workshop, Family Matters workshop, Primary, Planning, Planning, Meeting, Prep.
- Data:** The spreadsheet contains numerical data for each row across the demographic columns. For example, 'Health Fair' has 6 participants with diabetes and 5 young leader recruits.
- Formatting:** The spreadsheet uses conditional formatting, with yellow highlighting for certain cells in columns G and H.

Outcome 1 - Connecting with peers [original]



Funnel 1 depicting that Our Lives Our Voices will connect 298 young people living with diabetes with their peers

Outcome 1 - Connecting with peers March 2022



Funnel 1 – Year 3 update depicting how Our Lives Our Voices connected 199 young people living with diabetes with their peers



Power BI

And finally, to
this...

Questions?

We must test ourselves using the discipline of data and if we try hard and none of the important numbers change, then something is wrong. We are either doing the wrong things or not enough of the right things”

(Mark Friedman, Author of Trying Hard Is Not Good Enough)