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Information Pack for Providers of Supported Accommodation working with Unaccompanied Asylum-Seeking Young People



Introduction

Developed by the National Children's Bureau (NCB), this information pack is for professionals who work with, or are looking to work with, unaccompanied asylum seeking (UAS) young people in supported accommodation.

This information pack outlines available resources, tools, and guidance to support providers who work with UAS young people. Professionals can use this pack to quickly review available support, signpost young people, and identify specific tools and resources that may be helpful.

We have also created a separate information pack for UAS young people [here](#).

The resources in this pack have been developed by the following organisations:



Advice, Advocacy and Support for Young People and Providers of Supported Accommodation



Self-Help Resource for Young People – UK Trauma Council

The UK Trauma Council have developed a self-help resource for young people, alongside the detailed information available on their website, focused around the theme of 'managing in the moment'. This self-help resource is available in 7 different languages, accompanied by an animation available in 5 different languages.

A Map of the Asylum Process - Refugee Council

The Refugee Council has developed a map of the asylum process to help young people what will happen at each step of the asylum process. This resource can be a useful visual aid to support young people if they need more information about the process.

Welcome to the UK Booklet - Refugee Council

This booklet can be used to help young people understand some of the professionals they might meet and provides an explanation of their jobs and responsibilities.

Advice and Guidance - Refugee Council

The Refugee Council can support young people with wrap-around support, including advice and guidance on the asylum system and looked after children's systems.

To get support: call 0808 175 3499, message via WhatsApp on 078 8866 615 or email children@refugeecouncil.org.uk

Boloh Helpline - Barnardo's

This [helpline](#) offers advice, signposting, emotional support and eight free sessions from qualified therapists. You can call from Monday – Friday, 10am–8pm and Saturdays 10am–3pm via phone, email, and webchat. The number is 08001512605.

Ukrainian Helpline - Barnardo's

This [helpline](#) is available to anyone fleeing the war in Ukraine. There are multi-lingual advisors who can speak with young people about their mental health and how they are feeling since leaving Ukraine.

You can call from Monday - Friday, 10am–8pm and Saturdays 10am–3pm via phone, email, and webchat. The number is 0800148 8586.

Sleep Support - The Children's Society

The Children's Society have developed two resources to support young people with their sleep. There is a [podcast](#) where young people talk about what they do to improve their sleep, and there is a [toolkit](#) of some different ideas young people can try to improve their sleep.

Toolkits, Support and Information for Professionals



Positive Outcomes Framework – ECPAT UK

This [Positive Outcomes Framework](#) is designed to help practitioners understand the experience of unaccompanied children and child victims, and how to best ensure support and positive outcomes for these young people. It can be used by frontline workers in individual cases to assess plans for UAS children and young people.

The Ecological Approach to the Assessment of Asylum Seeking and Refugee Children – National Children's Bureau

This [briefing](#) explores using an ecological approach to assess unaccompanied asylum-seeking and refugee children. This approach encourages practitioners to consider the different contexts and holistic needs for these children and young people, using case studies to explore these ideas in more detail and apply these principles in practice.

Needs Assessment and Planning for Asylum Seeking and Refugee Young People: A Good Practice Note – National Children's Bureau

Aimed at professionals who carry out assessments or pathway plans for unaccompanied asylum-seeking young people, this [practice note](#) provides an overview of the key areas that must be considered, including case studies and a helpful assessment checklist.

Young Asylum Seekers and Refugees and Supported Housing – National Children's Bureau

This guide is designed to support practitioners to consider the needs of an unaccompanied asylum-seeking young person before they move into supported accommodation and while they are living there, particularly around independent living skills.

Childhood Trauma, Migration and Asylum: A Toolkit for Community Organisations – UK Trauma Council

The UK Trauma Council has developed a toolkit for community organisations, which is intended for staff and volunteers who work directly with children and young people seeking asylum in the UK. The toolkit aims to give some guidance around trauma in children and young people seeking asylum and what can help support their recovery.

Childhood Trauma, Migration and Asylum: Workshop Plan – UK Trauma Council

The UK Trauma Council has designed a workshop plan to help non-mental health specialists to facilitate conversations about trauma and mental health with young people seeking asylum. The plan outlines some ideas and activities that staff can use flexibly depending on the group they are working with.

Other helpful websites and resources

Guide to Asylum Support Appeals - Asylum Support Appeals Project

The Asylum Support Appeals Project has created [guides](#) to help young people and practitioners understand information about asylum support appeals. These guides cover topics such as how to appeal to the Tribunal, writing an appeal form and preparing for hearings.

Muslim Youth Helpline

This [helpline](#) offers culturally sensitive and faith support via phone, live chat, WhatsApp or email. They can also help signpost to other resources. You can call 7 days a week between 4pm-10pm. The number is 08088082008.

Stay in touch!



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